

# OUR FAMILY MOBILE CONTRACT.

I,

The Parent/Guardian, agree to the following Family Mobile Agreement.

SIGNED 

I,

The Child, agree to the following Family Mobile Agreement.

SIGNED 



## Responsible Usage

How the phone will be used, along with time limits and switch off times. It's important that children know about age limits on apps, games and websites to ensure they are appropriate and to always check with a parent/guardian.

I agree that I won't use the phone at the following times (e.g. bedtime, meal times, before I've done my homework):

I agree not to use the phone for longer than this many hours each day:

hours on weekdays	hours on weekends
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I agree that I can earn screen time by doing the following (e.g. washing up, vacuuming, tidying my room):

I agree to be considerate of other people online by being friendly, reporting bullying and telling parents/guardians if anything worries me.



## Safety

Parents/guardians can help children by setting up rules and expectations around safe mobile use. This includes using the right age-rated apps and games, and understanding that personal information shouldn't be shared with strangers.

I agree to only use websites, apps and games that are appropriate for my age.

I agree to ask permission before downloading new apps or games.

I agree not to give out my name, address or the name of my school when I'm using my mobile.

I agree not to accept friend requests from, or talk online to, anyone that I don't know.

I agree to ask permission before sharing anything such as photos online and remember that anyone, anywhere could see the things I post.

Any other family rules and agreements:



## Communication

To stay safe and responsible, parents and children need to keep talking about the phone. Along with this family agreement, parents/guardians should play games and apps with children to enjoy them together and understand how they work.

I agree that my parent/guardian may check how my phone is being used.

I agree that the phone will have a password known by me and my parent/guardian.

I agree to regularly talk to my parent/guardian about what I'm enjoying most on my phone and anything that worries me.

Any other family rules and agreements: