



GROW YOUR OWN

There are lots of things you start growing now. RHS chief horticulturist Guy Barter has these ideas.

NASTURTIUMS love sunny spots, poor soils and containers. They grow quickly from seeds, with bold leaves and warm flowers. Most will climb and trail, and bees love them.



COLEUSES are struck from cuttings or grown from seed. Grow outdoors or on a windowsill; they'll provide colourful foliage in winter too.

FRENCH BEANS love sunny beds and containers. Further north they need a greenhouse, so in cold regions consider greens and roots like beets and chicory.



KALE Hardy variants with red, purple or frilly foliage provide pretty and nutritious leaves. Ornamental kales make striking winter plants and grow well in containers.

HERBS Coriander, dill, chervil and parsley sown in borders or pots in late summer provide fragrant leaves until winter.

